

Danyele Madsen

From: YVONNE EFVERLUND <Yvonne_70@msn.com>
Sent: Monday, August 28, 2023 11:11 AM
To: NDOC BOPC
Subject: BOPC Meeting on Wednesday

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Dear Sirs and Madams,

I am reaching out because I am concerned about my loved one's health and safety regarding the daily quality and quantity of food he receives. For instance, breakfast can consist of four tablespoons of unsalted scrambled eggs and four tablespoons of unsweetened mushy oatmeal, which is inadequate for a grown adult male's nutritional needs. It breaks my heart to hear him struggling like this.

I am responsible for a family of five, including three children and two with special dietary needs. Despite the challenges, I prioritize sending my loved one quarterly food packages and monthly financial support to ensure he can access somewhat "nutritious" food and adequate portions. It is important to me to support his mental and physical well-being. During a recent conversation, my loved one thanked me for my efforts, saying he would be starving like many others if I were not providing him with food and financial assistance. Unfortunately, not everyone has someone looking out for them, which creates an environment of inequality. In return, this can lead to hostility with those who can afford commissary items because hunger makes a person irritable, annoyed, or angry.

I am appealing for urgent measures to be taken to ensure that these men are provided with sufficient food to reduce inequality and hostility. It is essential that a qualified dietitian review the meals provided by Aramark to the prisoners to ensure that they are healthy, nutritious, and plentiful. The contract with Aramark should also be assessed, and if found unsuitable, an alternative solution should be sought for the incarcerated population of Nevada. For example, implementing food sustainability practices in prisons can help improve the nutritional value of meals, educate inmates on sustainable agricultural methods, and provide vocational training opportunities for them to reintegrate into society.

Thank you for taking the time to read my concerns.

Sincerely,

Yvonne Lopez